



 **FAMILY
SERVICE** LINCOLN
Growing Stronger Families

Annual Report 2008

Growing Stronger Families...

Families come in all shapes, sizes and colors...

We are born into them, we join with others to form them, and together we adjust to life's challenges and opportunities.

Family Service is one of Lincoln's most experienced non-profit organizations that recognizes the importance of families, whatever their form.

In collaboration with others, our mission is to provide quality programs and services, which effectively assist and strengthen individuals and families in our community.

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Dear Friends,

Family Service is Lancaster County's oldest non-profit human service agency, providing programs and services which assist and strengthen individuals and families. Family Service has provided help and hope on a daily basis for Nebraska's children and families since 1891.

Family Service provides this assistance through four major programs:

- Our Before and After School Program is in 23 Lincoln Public Schools and provides safe, quality care to more than 1,800 children a day.
- Our Child Care Food Program provides more than 5,000,000 meals and snacks each year through a USDA food program in 84 Nebraska counties. This program feeds more than 24,000 children in over 1,578 licensed home child-care facilities.
- The Women, Infants and Children (WIC) program provides nutrition education and vouchers for specific foods to 2,700 children and families in Lancaster County each month.
- Our Behavioral Health program counsels families and individuals in selected Lincoln Public Schools.

In 2008, Family Service enjoyed growth in programs and services. The Early Childhood and Youth Development program enrollment increased by 35% and we granted over \$500,000 in free or reduced-rate scholarships so children could participate in quality programs throughout the year.

This annual report is a tribute to our donors, Board of Directors, staff, and children and families. The donors we honor each year are more than names on a list. They are individuals who have demonstrated their commitment to a brighter future for our families. Gifts to the agency have made a critical difference in the lives of our benefactors.

We thank each of you for your generosity and ask for your support again in 2009. Because of you, Family Service is able to provide help and hope for children and families in Lincoln and Lancaster County and beyond.



Barry Gourley
Executive Director



Patty Pansing Brooks
2008 Board President



BEHAVIORAL HEALTH PROGRAM

Family Education and Support provides intensive, short-term services focused on skill building activities between parents and children. Services can be offered in the **family's home** and typically focus on parent-child relationship, parent education, home-management skills and linkages with other community resources. Families voluntarily participate in the services. Services made possible by city and county grants are provided to clients at a reduced fee or free of charge. Family Support Specialists also facilitate quarterly Parenting Classes.

Unduplicated Clients Served: 249
Direct Service Hours: 660.5

The **“Successful Parenting Class”** is an eight-week series which includes basic parenting skills—parenting styles, ages and stages of development, preventive discipline, family communication and safety within the home. Information on **Parenting Teens** is also offered in conjunction with Parenting Classes and addresses the challenges parents encounter during the teenage years of their children.

Series of Classes: 4 classes
Number of Participants: 30 graduated participants

The Family Support Program is also providing “Successful Parenting Classes” for an Arabic population at Belmont Elementary School. Weekly, 2-hour parenting classes are provided, along with follow-up home visits.

Number of Participants: 13 participants
Direct Service Hours: 203.75

Individual and Family Therapy services are provided **within school settings** to assist individuals and families in dealing with life stressors that impact their behaviors and relationships at school or home. Services are currently provided in six Lincoln Public Elementary Schools and one Lincoln Public Middle School. Therapy services are provided through collaboration with Lincoln Public Schools, Community Learning Centers and Early Childhood and Youth Development Programs through Family Service. Services made possible by city and county grants are provided

free of charge to families at these designated schools. Families voluntarily participate in the services. We are filling a gap in community services by being located in the Lincoln Public Schools and providing services to those families who may not qualify for financial coverage through Medicaid/Magellan or third party insurance. See Community Learning Centers list on Page 7 for sites.

Unduplicated clients served: 230
Direct Service Hours: 2,519.03

Another aspect of therapy services are monthly TransParenting Classes. The **TransParenting Class** focuses on teaching parents how to manage and understand the emotional and behavioral needs of their children during a divorce or separation. TransParenting strives to teach parents ways they can help their children adjust to and handle the effects of divorce. The four-hour class emphasizes each parent's responsibility in the development of a post-divorce relationship that provides a nurturing and non-threatening environment for children.

Number of TransParenting Classes: 10 classes
Number of Participants: 55

Welcome Baby supports new parents during the pre-natal and early infancy years. The program's aim is to **prevent issues of child abuse and neglect** by enhancing parenting skills and providing support, information and education to parents through **one-on-one direct contact** and annual Activity Fairs. The Welcome Baby Specialist provides **in-home** support to mothers. Families voluntarily participate in the services. The Activity Fairs are an educational opportunity in the community to learn about resources, new ways to care for infants, and meet other people. The Activity Fairs are a successful collaborative effort between Family Service and at least seven (7) different agencies within the community. In August, 2008, 769 individuals visited a booth provided by Welcome Baby at the BryanLGH Health & Safety Fair.

Unduplicated Clients Served: 125
Direct Service Hours: 837.75



EARLY CHILDHOOD AND YOUTH DEVELOPMENT PROGRAMS

▶ EARLY CHILDHOOD & YOUTH DEVELOPMENT PROGRAM OVERVIEW

The Early Childhood and Youth Development Programs are based on "active learning," direct, hands-on experiences with people, objects, events, and ideas. Youth and children are encouraged to "construct" their own knowledge by pursuing their personal interests and goals, guided by trained staff who understand the important learning areas for children and youth. Active learning is central to all the activities in the program, whether planned by staff or initiated by children/youth. Teachers will offer physical, emotional, and intellectual support. During active learning staff expand children/youth's thinking with diverse materials and nurturing interactions. Staff interact with children/youth by sharing control with them; focusing on their strengths, forming genuine relationships with them, supporting their play ideas, and helping them resolve conflicts. Staff participate as partners in children/youth's activities rather than as supervisors or managers. They respect children and their choices, and encourage initiative, independence, and creativity. Provide materials and plan experiences that children/youth need to grow and learn.



Community Learning Center Partnership

As a lead agency partner for six Community Learning Center sites and a program partner at four additional Community Learning Center sites Family Service has served children, youth, families and neighborhood residents using the neighborhood school as the "hub" for the program activity. As a partner in Community Learning Center initiative our programs are integrated into each Community Learning Center based on need in an effort to:

- Improve student learning and development
- Strengthen and support families
- Engage and promote healthier neighborhoods



Early Childhood Education & Family Resource Center	Monday – Friday	6:00 a.m. to 6:00 p.m.
Community Learning Centers	Monday – Friday	7:00 a.m. to 6:00 p.m.
Before & Afterschool Programs	Monday – Friday	7:00-9:00 a.m. & 2:45-5:45 p.m.
Full Day Youth Development Programs	Monday – Friday	7:00 a.m. to 6:00 p.m.

▶ POPULATION SERVED

- 79 Children 6 weeks to 5 years Participated in Year Round Services
- 1547 Elementary School Youth Participated in Before & After School Programs
- 248 Middle School Youth Participated in Before & After School Programs
- 320 Youth Participated in Summer Programs
- 2334 Hours of Homework Support
- 1866 Hours of Enrichment Clubs

▶ DEMOGRAPHICS

- 30% to 40% are low-income high risk children/youth.
- 30% to 35% are children/youth from diverse cultural backgrounds.
- 25% to 30% are children/youth from single parent families.

LOCATION	SERVICES/PROGRAMS
Early Childhood & Family Education Center 4525 "F" Street (10)	Full Day Infant, Toddler & Preschool Programs; Before, Afterschool & Non-School Day Programs; Summer Program
Adams Elementary School 7401 Jacobs Creek Drive (12)	Before, Afterschool & Non-School Day Programs
Beattie Elementary School 1901 Calvert Street (02)	Before, Afterschool & Non-School Day Programs
Belmont Elementary School 3425 North 14th (21)	WIC, Behavioral Health
Campbell Elementary School 2200 Dodge (21)	Before, Afterschool & Non-School Day Programs; Summer Program
Cavett Elementary School 7701 South 36 th (16)	Before, Afterschool & Non-School Day Programs; Summer Program
Dawes Middle School Community Learning Center 5130 Colfax (04)	Before & Afterschool Program
Eastridge Elementary School 6245 "L" (10)	Before, Afterschool & Non-School Day Programs; Summer Program
Fredstrom Elementary School 5700 N.W. 10 th (21)	Before & Afterschool Program
Goodrich Middle School Community Learning Center 4600 Lewis Avenue (21)	Before, Afterschool & Non-School Day Programs
Hill Elementary School 5230 Tipperary Trail (12)	Before & Afterschool Program
Holmes Elementary School Community Learning Center 5230 Sumner Street (06)	Before, Afterschool & Non-School Day Programs
Humann Elementary School 6720 Rockwood Lane (16)	Before & Afterschool Program
Huntington Elementary School Community Learning Center 2900 North 46 th Street (04)	Before & Afterschool Program; Behavioral Health
Lakeview Elementary School Community Learning Center 300 Capital Beach Blvd. (28)	-----
Maxey Elementary School 5200 South 75 th (16)	Before, Afterschool & Non-School Day Programs; Summer Program
McPhee Elementary School 820 Goodhue Blvd (08)	Behavioral Health
Meadow Lane Elementary School 7200 Vine Street (05)	Before & Afterschool Program
Morley Elementary School 6800 Monterey Drive (06)	Before & Afterschool Program
Prescott Elementary School Community Learning Center 1930 South 20 th (02)	Before, Afterschool & Non-School Day Programs; Summer Program
Randolph Elementary School 1024 South 37 th (10)	Before & Afterschool Program
Riley Elementary School Community Learning Center 5021 Orchard Street (04)	Before & Afterschool Program; Behavioral Health
Rousseau Elementary School 3701 South 33 rd (06)	Before & Afterschool Program
Saratoga Elementary School Community Learning Center 2215 South 13 th Street (02)	Before & Afterschool Program; Behavioral Health; WIC
Sheridan Elementary School 3100 Plymouth Avenue (02)	Before, Afterschool & Non-School Day Programs
West Lincoln Elementary School Community Learning Center 630 West Dawes Avenue (21)	Before, Afterschool & Non-School Day Programs; Behavioral Health; Summer Program

NUTRITION AND HEALTH PROGRAMS

The **Family Service Child Care Food Program** provided financial reimbursement for home child care providers in 84 counties across the state of Nebraska who served balanced, nutritional meals and snacks to children in their care.

By using census information and school lunch data, providers are designated a tier status which determines their reimbursement rate. Emphasis is placed on educating providers in the preparation of nutritious, cost-effective meals for children. Support is provided through educational materials such as newsletters, home-study lessons, recipes, and cookbooks. A Registered Dietetic Technician and consultants are available to answer any questions regarding nutrition-related issues.

In 2008 we provided reimbursement for over 5,000,000 meals and snacks to home child care providers.

Child Care Providers Served: 1578
Children Served: more than 24,000

The **Building Tomorrow Program** began in 1980 as a resource for family child care providers. Currently it is serving family and center-based child care providers, parents, foster parents and Para-educators.



The Resource Library has a selection of books, journals, videos, and educational material available for check out. We also offer laminating and copying for a minimal fee. Another service to the Resource Library is the die cut machine. Clients bring in their own paper and we cut the available shapes for them at no charge.

The Building Tomorrow program also provides classes on topics such as nutrition, discipline, child development, children's activities, health and safety, and child care as a profession. This year Building Tomorrow responded to the out state Providers and presented a mini-conference in Grand Island and had

The program offers a toll-free "Warm Line", 1-800-642-6481, to call to answer questions, discuss child care issues, and assist providers or parents in locating additional resources when needed. There's always someone to talk to...always someone to listen...on our Warm Line.

over 50 registrations. Family Service has 3 certified CPR/First Aid instructors which will help the program generate revenue.

Class participants: 933
Warm Line Calls: 123
Resource Library Visitors: 82

WIC (Women, Infants and Children), the federal supplemental nutrition program, provides nourishing food, health and nutrition education, referrals, and breastfeeding support to income eligible pregnant, postpartum and breastfeeding women, infants and children up to age five. By partnering with others in the community, Family Service was able to offer WIC services at multiple locations throughout Lincoln, adding a clinic in 2008 at Belmont Elementary School.

Nourishing foods purchased with WIC vouchers averaged \$149,780 per month in 2008. Individually, women and children received approximately \$39 of milk, cheese, juice, cereal, eggs, and beans monthly. Formula fed infants received nearly \$128 of iron-fortified infant formula, cereal and juice. Education was provided on a variety of topics including Simple Meals, Child Obesity, First Foods, and Tots at the Table.

The breastfeeding peer counselor program, only one of 4 in Nebraska, continued with seven women encouraging and supporting WIC women in breastfeeding their infants.

For the 6th year Family Service served as the site of the statewide WIC Training Clinic. Approximately 40 staff from local WIC agencies throughout Nebraska attended the one week training session with Family Service WIC staff serving as coaches.

Individuals Served: 4604

MISSION STATEMENT

*In collaboration with others,
the mission of Family Service
is to provide quality
programs and services,
which effectively assist and
strengthen individuals and families
in our community.*



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Dennis and Laura Tegtmeier
Linda and Carlotta Tesch Jr.
Dennis Theye
William and Lisa Thibodeaux
Tamela and Greg Thimgan

Steven and Lona Thompson
 Eric Thornburg
 Lawrence and Mary Throener
 Mary Ann Tibbs
 Derrick Tierney
 Joshua and Ashley Tierney
 TierOne Bank
 David and Shonda Tivis
 Harry and Ann Tolly
 Jacqueline Toman
 United Way of Midlands DeLoitte and
 Touche National Campaign
 Scott and Sheila Tracy
 Thomas and Lorena Tracy Jr.
 Anthony and Nancy Troia
 Ronald Trouba Jr
 Ronald and Suzanne Trouba Sr.
 Dennis and JoAnn Trout
 Mariah Trout
 Thomas and Tracy Troutman
 Union Bank Trustee
 Barbara Trusty
 Bill Turner
 Rhonda Turner
 Bruce and Polly Ubben
 Judith Ubben
 Ashley and Jamie Ullman
 Shelly and John Ullman
 Steven and LaDonna Ulrich
 Union Bank, R. Wilcox Trustee
 U-Stop Convenience Shop
 Suman and Michelle Vallabhbai
 Donald Van Arsdall
 Jon and JoyAnne Van Bloom

William and Courtney Vandermel
 Reva and Philip Vandevoorde
 William and Jean Vannoy
 Tasia Vass
 John and Deanne Verzal
 Diane Vesely Robb
 Diane Vice
 Mary Jo and John Virts
 Leland and Jeanette Volker
 Jasmine Wagaman
 Karen Wagner
 Tonya Wagner
 Amy Waldo
 Christina and Mark Walkinshaw
 Ritchie Wallace
 Dustin and Stacey Walsh
 Chad and Theresa Walvoord
 Steven and Dalene Ward
 Chasity and Daryn Warriner
 Andrew Watchorn
 Deborah Waters
 Paulette Wathen
 David and Nancy Engen Wedin
 Duane and Linda Weiner
 Keith and Cari Lynn Wenstrand
 RaDonna Westlund
 Brenda Weyers
 David and Laura White
 Gary and Erica White
 Jill and Kevin White
 Julie White
 Wanda White
 Cheryl Whitehall
 Eric Whiteman

Nancy Whitten
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 Richard and Shelly Wickham
 Wilber and Jean Wiedman
 Grant Wieland
 Shelly Wieland
 Sandra Wiler
 Todd and Gretchen Wiley
 Carrie Williams
 Paul and Cindy Williams
 Shelly and Patrick Williams
 Heather Wilson
 Jeffrey and Katie Wilson
 Amber Wolfe
 Ryan Wonders
 Lauralee Woodruff
 Janet Woodrum
 David and Misty Wooten
 Patrick and Nancy Wotruba
 Jennifer and Jace Wrampe
 Kimberli Yasin
 Diana Yeager
 Betty Yoder
 Tollie and Jennifer Yoder
 Cindy York
 Dale and Mary Young
 Lisa Young
 Richard and Ruthann Young
 Ryan and Julie Zegers
 Stuart and Kimberly Zetterman
 Nicole and Roger Zimmermann

BEQUEST

Bartlett L. Paine Charitable Trust

GRANTS

Bettenhausen Family Fdn.
Fidelity Charitable Gift Fund
– Donor Directed Depository
Kinder Porter Scott Family Foundation
Lincoln Community Foundation
– Donor Directed Depository
M and M Seacrest Family Foundation
Nebraska Health and Human
Services System
Pfizer Foundation United Way
Campaign Grant
Scheel's Inc.
TierOne Charitable Foundation
United Way of Lincoln-Lancaster County
Woods Charitable Fund, Inc.

IN-KIND CONTRIBUTORS

Sherry Ankenman
McKenna Bancroft
Meg Boedeker
Kenzie Bohling
Melissa Brady
Jean Brandt
Melanie Brecka
Samantha Brecka
Bruhn Breckyn
Cindy Browning
Sarah Chandler Smith
Taylor Crandall
Carley Cuba
Cinnamon Dokken
Ethan Dozler
Mark Ells
Linda Farahani
Christopher Fishback
Carla Frye
Cameron Grimm
Rosa Guerra
Emily Hancock
Sophia Hancock
Ella Hansen
Kaitlyn Hemmer
Noah Hepburn
Amanda Knudsen
Heather Ladman

Melissa Lafler
Rebecca Lafler
Thor Larson
Jaden Leibhart
Natassia Mason
Caroline Melson
Patti Neidow
Kaylee Nelson
Noah Nevitt
Katelyn Nimic
Dan Oliverius
Hana Pham
Terry and Brady Pramberg
Sadie Prenda
Zoe Prenda
Schuyler Riese
Room Bloom Creations
Gerit Schell
Alan Schmidt
Cole Shank
Katie Shaw
Grace Spray
Donald Stander
Joy and Linda Vermooten
Catherine Wedin
Emma Went
Connor Weyers
Maddison Wright

COMMEMORATIVE GIFT PROGRAM

In Memory of

Victor L. Peterson
By Doris Boruff Peterson

Elizabeth and Michael Roberts
By Russell Roberts

In Honor of

Marjorie Groszkruger
By Connie Jensen

Ann Hudson
By Suzanne Lewis

Diane and Walker Kennedy Jr.
By Cornhusker Bank

Sarah Roberts
By Russell Roberts



GOVERNMENT AND PRIVATE PARTNERSHIPS

American Red Cross-Lancaster Chapter
City of Lincoln
Community Learning Centers
Heartland Big Brothers Big Sisters
Lancaster County
Lincoln Medical Education Partnership
Lincoln Parks and Recreation
Lincoln Public Schools
Lincoln Public Schools Foundation
Nebraska Health and Human Services System
U.S. Department of Agriculture

2008 Board of Directors

Patty Pansing Brooks
Lindy Mullin
Lisa Smith

Directors

Frank Blythe
John J. Brasch
Stephen Cass
Joy L. Citta
Douglas A. Ganz
Ann Hudson
Jeffrey S. Jenkins
Walker Kennedy
Carrie Lamphere
Julie Lattimer

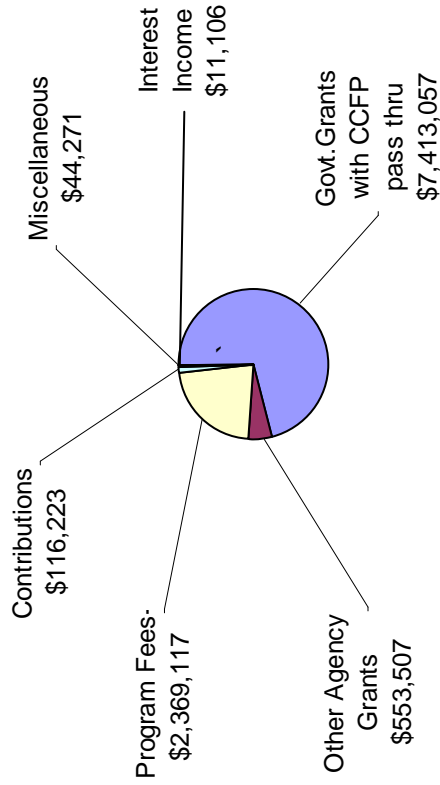
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President-Elect
Treasurer/Secretary

Susan Lethaby
Annette McRoy
Lisa Meginnis
Patricia J. Morin
Diana L. Schilf
Rebecca F. Scott
Jeanette Volker
Jorja Brazda-Witters
Richard (Dick) Young

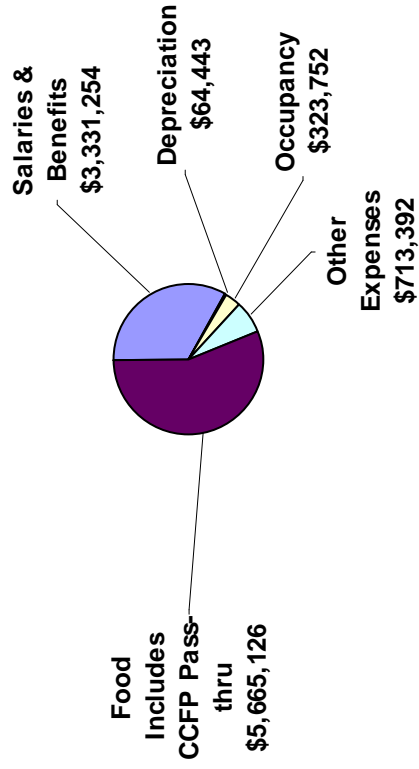
Executive Director: Barry Gourley

FINANCIAL SUMMARY

2008 Revenue Sources



2008 Expenses



December 31, 2008 Net Assets = \$1,330,249

FAMILY SERVICE

Growing Stronger Families LINCOLN

501 South 7th Street
Lincoln, NE 68508-2920
Phone: (402) 441-7949
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